

Mother and Child Touch Therapy®

We are registered infant massage therapists which means we administer infant massage to infants. We also administer neonatal massage therapy to pregnant mothers and show the expectant parents techniques they can administer on their own to their newborn. We call this combined neo/post natal approach **Mother and Child Touch Therapy®**.



What is **Mother and Child Touch Therapy**?

Mother and Child Touch Therapy is both mother and child receiving the benefits of touch therapy as one entity.

Infants begin receiving individual massage therapy with the mother at four (4) pounds and continue until they reach ten (10) pounds. At this point, you may want to continue Touch Therapy on your infant yourself with the guidelines we provide you or you may want us to continue. And during your sessions, we will show you the finer points of Infant Touch Therapy, so crucial to Mother and Child bonding.

After ten pounds, Mother and Child Series are available at a slightly increased series rate.

The Role of **Ampuku®** Massage Therapy During Pregnancy

The unique Energy Transference and Chakra restoration properties of **Ampuku** are perfect for relieving the stress associated with the carrying of child. The Lymph cleansing attributes of this therapy provide the expectant mother with clear, unclogged pathways to cleanse the toxins in the body. Other therapies (Neuromuscular, for example) aid in the relief of lower back pain, muscular cramps, and swollen extremities.

The **Ampuku Kao-Ki®** "facial" therapy will treat the approximately thirty-three percent of the retained stress in the body other therapies ignore. The relief of all repressed stress is crucial for the unhindered accelerated physical and mental growth of the embryo. Our comparison is simple: *The healthier the mother - the healthier the child.*

As substantiated by numerous sources, the absence of stress, aches, pains, blocked lymphatic drains and paths, as well as energy paths play a huge role in embryo development. Add to that the uncomplicated emotional state of the mother during pregnancy and the embryo has a lot fewer complications and bonds with the mother a lot easier.

As with all Alternative Therapies, **Ampuku** is not a miracle; rather a sustained, preventive

health therapy. It does not complete its tasks overnight (although you may feel wonderful immediately). Depending on your condition, it may take several sessions to achieve the optimum benefit. And as we all live in a polluted (mentally and physically) environment, its achievements do not last forever. This is why *Ampuku* is a session oriented therapy, not time based. No hourly charges. (Besides, how can you totally relax during a session if you are worrying about how much any overtime will cost you.) Each session takes as long as is necessary but never less than an hour. We will never leave toxins behind because we ran out of time. For the same reason, we have ceased providing Chiropractic referrals, since we are instructed to do just that. All we would be doing is spreading the trauma to different parts of your body. And although the injured area may feel great, within a few hours other areas will begin to ache and show signs of the trauma we moved around.

So when you consider prenatal and postnatal massage therapy, check with your doctor first, then we will be glad to answer any of your questions.

Shujin

Ampuku® Wellness Therapy