

Massage Therapist as Labor Support Providers

"The use of massage therapy throughout pregnancy is increasing - and as a natural progression of this therapeutic relationship, clients are requesting that their massage therapists be present during the labor and delivery process.

Touch can play a fundamental role for the laboring woman, and massage therapists are in a unique position to offer skilled tactile support at this time. The massage therapist can play a therapeutic role in providing comfort, reducing pain and physical discomfort, and in being present in a professional, supportive, and nurturing role. By providing massage, therapists have the opportunity to enhance the well-being of the woman giving birth."

**- excerpt from article of same name written by Cindy McNeely, R.M.T.,
appearing in the Massage Magazine, dated July/August 1997**